



## SPECIAL THANKS TO OUR SUPPORTERS:

THE WYOMING NATIONAL GUARD  
UINTA COUNTY COMMISSIONERS  
WYOMING FISH AND GAME  
ROCKY MOUNTAIN POWER

WYOMING GOVERNOR'S PLANNING COUNCIL ON DEVELOPMENTAL  
DISABILITIES

UINTA COUNTY YOUTH CAMP STAFF  
UINTA COUNTY CONSERVATION DISTRICT

# CAMP CARPE DIEM

JUNE 26-28, 2014

## SPONSORED BY:

- UINTA COUNTY SCHOOL DISTRICT #4 & #6
- WYOMING GOVERNOR'S PLANNING COUNCIL ON DEVELOPMENTAL DISABILITIES
- ROCKY MOUNTAIN POWER
- UINTA COUNTY CONSERVATION DISTRICT





# TABLE OF CONTENTS

CAMP CARPE DIEM HANDBOOK SIGNATURE	3
RESPONSIBILITY	4
PROGRAM ACTIVITIES AND DISMISSAL POLICY	4
CAMPER INFORMATION FORMS AND MEDICATIONS	5
CAMPER RULES	7
MEDICAL CARE	8
CHECKING ON YOUR CAMPER	9
CLOSING DAY	12
DIRECTIONS TO CAMP CARPE DIEM	13
HOW TO PACK	14
CONTACT INFORMATION	15



PLEASE CONTACT LORI JENSEN AT 307.782.3136, EXTENSION 4206 FOR ADDITIONAL INFORMATION REGARDING CAMP OR TO DISCUSS ANY OF THE FOLLOWING:

- IF AT ANY TIME, YOU HAVE QUESTIONS OR CONCERNS ABOUT CAMP OR YOUR CAMPER
- IF YOU ARE UNABLE TO ATTEND THE CAMP
- IF YOU FIND THAT YOU ARE UNABLE TO PROVIDE TRANSPORTATION FOR YOUR CAMPER TO OR FROM CAMP

## IMPORTANT PHONE NUMBERS

UINTA COUNTY SCHOOL DISTRICT #4  
307.782.3136, EXTENSION 4206

[WWW.U4WY.ORG](http://WWW.U4WY.ORG)



## HOW TO PACK FOR CAMP

- PLEASE WRITE YOUR CAMPER'S NAME IN **PERMANENT INK ON EVERYTHING** YOUR CAMPER BRINGS, INCLUDING THE LUGGAGE AND LAUNDRY BAG.
- SEND ENOUGH CLOTHES FOR FOUR DAYS AND THREE NIGHTS. ALL CLOTHES SHOULD BE MODEST.
- CLOSED TOE SHOES ARE REQUIRED AT ALL TIMES.
- DO NOT PACK CELL PHONES OR ANYTHING OF VALUE-MONETARY OR SENTIMENTAL. CAMP CARPE DIEM IS NOT RESPONSIBLE FOR ANY BELONGINGS THAT ARE LOST OR STOLEN.

## WHAT TO PACK

(THESE ARE SUGGESTIONS ONLY)

4 PAIR UNDERWEAR  
 3 PAIR SHORTS  
 2 PAIR LONG PANTS OR JEANS  
 2 LONG SLEEVE SHIRTS  
 1 WARM COAT  
 1 SLEEPING BAG  
 2 TOWELS AND WASHCLOTHS  
 1 FLASHLIGHT AND BATTERIES

4 PAIR SOCKS  
 3 SHORT SLEEVE SHIRTS  
 1 PAIR ATHLETIC SHOES  
 1 SWEATSHIRT  
 1 PILLOW & PILLOWCASE  
 1 LAUNDRY BAG  
 2 WARM PAJAMA SETS  
 SET OF TOILETRIES

## OPTIONAL ITEMS

EXTRA CLOTHING/TOWELS  
 CAMERA AND FILM  
 SUNSCREEN  
 STUFFED ANIMAL

LIGHTWEIGHT JACKET  
 SUNGLASSES  
 BACKPACK



# Welcome to Camp Carpe Diem

UINTA COUNTY SCHOOL DISTRICT #4 AND THE SPONSORS WOULD LIKE TO WELCOME YOU TO CAMP CARPE DIEM.

CAMP CARPE DIEM IS BEING OFFERED BY THESE AGENCIES TO ENRICH THE LIVES OF YOUTH WITH DEVELOPMENTAL DISABILITIES AND THEIR FAMILIES. THE GOALS OF CAMP CARPE DIEM INCLUDE PROMOTING INDEPENDENCE, BUILDING SELF-ESTEEM, INCREASING SOCIAL SKILLS AND HAVING FUN.

WE WILL ACCOMPLISH ALL OF THESE THINGS IN A WARM, SAFE, AND LOVING ATMOSPHERE WITH STAFF TRULY DEDICATED TO THE GROWTH AND WELL BEING OF YOUTH. WE LOOK FORWARD TO GETTING TO KNOW YOUR CAMPER AND HELPING THEM TO ACHIEVE HIS OR HER HIGHEST POTENTIAL.

### SIGN HERE AND TEAR OUT AND ADD TO YOUR PAPERWORK

THIS HANDBOOK IS YOUR CAMPER'S GUIDE TO CAMP THIS SUMMER. PLEASE READ THE ENTIRE BOOKLET AND SIGN TO VERIFY THAT YOU UNDERSTAND THE POLICIES OF CAMP CARPE DIEM

PARENT SIGNATURE

DATE



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## Directions to Camp Carpe Diem

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### DIRECTIONS TO Uinta County Youth Camp SITE OF CAMP CARPE DIEM

1. PLEASE LOCATE DIRECTIONS TO URIE, WYOMING ON THE INTERNET. WHEN TRAVELING ON INTERSTATE 80, EXIT AT THE CARTER/URIE EXIT. AND HEAD SOUTH
2. CONTINUE TRAVELING SOUTH AT URIE ON STATE HIGHWAY 414
3. TRAVEL WEST THRU MOUNTAIN VIEW AND ROBERTSON ON STATE HIGHWAY 410
4. TURN LEFT AT END OF PAVEMENT ON COUNTY ROAD 271 ACROSS THE CATTLE GUARD
5. TRAVEL APPROXIMATELY 11 MILES ON GRAVEL ROAD
6. TURN LEFT AT SIGN "UINTA COUNTY YOUTH CAMP" ACROSS BRIDGE



## CLOSING DAY ACTIVITIES JUNE 28, 2014

CHECK OUT FOR CAMPERS WILL BE HELD AT CAMP CARPE DIEM. PARENTS ARE RESPONSIBLE FOR MAKING ARRANGEMENTS TO PICK UP THEIR CAMPER ON SATURDAY, JUNE 28, 2014.

CHECK OUT WILL BE HELD FROM 11:00 AM TO 12:00 AM. PLEASE ARRIVE PROMPTLY IN ORDER TO PICK UP YOUR CAMPER AND HIS OR HER LUGGAGE. NO ONE WILL BE ALLOWED INSIDE THE CAMP GATES BEFORE 9:00 AM

PARENTS MAY DRIVE TO THE CAMP AND PARK IN THE PARKING AREA. PLEASE NOTE, CARS ARE NOT ALLOWED TO DRIVE ANY FURTHER ONTO THE YOUTH CAMP BEYOND THE PARKING AREA. STAFF WILL BE ABLE TO ASSIST CAMPERS AND PARENTS WITH PERSONAL ITEMS.

REMEMBER TO PICK UP ALL OF YOUR CAMPER'S LUGGAGE, INCLUDING LAUNDRY. PLEASE CHECK THE LOST AND FOUND ON YOUR WAY OUT OF CAMP AS CAMPERS MAY HAVE MISPLACED THEIR BELONGINGS AND NEGLECTED TO CLAIM THEM.

ITEMS LEFT UNCLAIMED AT THE END OF CHECK OUT WILL BE HELD AT UINTA COUNTY SCHOOL DISTRICT #4, SPECIAL SERVICES OFFICE UNTIL JULY 1, 2014. AFTER THIS TIME, ITEMS WILL BE CONSIDERED AS DONATIONS TO A LOCAL CLOTHES BANK.

IF YOU RETURN HOME TO FIND YOU ARE MISSING SOMETHING, WHICH IS EASILY IDENTIFIABLE PLEASE CONTACT US BY CALLING THE SPECIAL SERVICES OFFICE OF UINTA COUNTY SCHOOL DISTRICT #4 AT 307.782.3136, EXTENSION 4206.



## RESPONSIBILITY

SAFETY IS ALWAYS OUR FIRST CONCERN AT CAMP CARPE DIEM. WE WILL PROVIDE A MINIMUM OF A 4 TO 1 RATIO OF CAMPERS TO ADULTS. EACH ADULT IS CAREFULLY CHOSEN BASED ON THEIR EXPERIENCE WITH YOUTH AND THEIR ENTHUSIASTIC, POSITIVE AND PATIENT Demeanor.

EVERY ADULT AT CAMP CARPE DIEM ATTENDS TRAINING IN FIRST AID. NURSES WILL BE ON SITE AT ALL TIMES. THEREFORE, CAMP CARPE DIEM ASSUMES NO RESPONSIBILITY FOR ACCIDENTS, ILLNESS, OR LOSS OF PERSONAL ITEMS.

## PROGRAM ACTIVITIES

CAMP CARPE DIEM STAFF WORK CLOSELY TO PREPARE PROGRAMS AND ACTIVITIES, WHICH ARE AGE-APPROPRIATE AND INCLUSIVE FOR CAMPERS WITH A VARIETY OF SKILL LEVELS.

PARTICIPATION IN ACTIVITIES IS BASED ON A CHALLENGE BY CHOICE PHILOSOPHY. WE ENCOURAGE EVERY CAMPER TO PARTICIPATE IN THE ACTIVITIES AND PROGRAMS PLANNED.

CAMP CARPE DIEM RESERVES THE RIGHT TO WITHHOLD PARTICIPATION IN AN ACTIVITY IF PARTICIPATION IS DEEMED UNSAFE DUE TO WEATHER, EQUIPMENT PROBLEMS, OR OTHER UNFORESEEN EVENTS.

**THE PURPOSE OF CAMP CARPE DIEM IS FOR ALL CAMPERS TO HAVE A FUN, ENJOYABLE THREE DAYS, THEREFORE, THE SPONSORS RESERVE THE RIGHT TO SEND HOME ANY CAMPER WHOSE BEHAVIOR IS UNCONTROLLABLE, UNSAFE TO HIMSELF, OR UNSAFE TO OTHERS.**



## CAMPER INFORMATION FORMS

PLEASE USE THE FOLLOWING CHECKLIST TO COMPLETE AND RETURN ALL OF THE NECESSARY FORMS FOR CAMP CARPE DIEM. EACH CAMPER **MUST** HAVE ALL OF HIS OR HER PAPERWORK COMPLETED, SIGNED AND RETURNED PRIOR TO JUNE 1, 2014. MEDICATIONS FOR THE CAMP MUST BE BROUGHT WITH THE CAMPER AND IN THE ORIGINAL BOTTLES. PLEASE SEND ONLY A 3-DAY SUPPLY OF MEDICATIONS.

### LIST OF FORMS

1. CAMPER NOTIFICATION
2. CAMPER INFORMATION
3. CAMPER PROFILE
4. MEDICAL ADMINISTRATION FORM
5. PARENT MEDICAL FORM
6. PHYSICIAN MEDICAL FORM
7. PARTICIPATION CONSENT/PERMISSION TO TREAT/LIABILITY RELEASE
8. RELEASE OF INFORMATION/MEDIA RELEASE
9. HANDBOOK VERIFICATION
10. CAMPER'S PHOTO
11. COMMON GROUND FORMS
12. REQUEST FOR ADMINISTRATION OF MEDICATION FORM

### HELPFUL HINTS

- COMPLETE AND SIGN FORMS 1-5 AND 7-9 AND RETURN
- MAIL OR FAX THE MEDICAL FORM (6) TO YOUR CAMPER'S PHYSICIAN OR NEUROLOGIST
- FOLLOW UP WITH PHONE CALLS TO ENSURE ALL FORMS HAVE BEEN PROCESSED
- CALL YOUR CAMPER'S PHYSICIAN OR NEUROLOGIST TO ASK FOR SPECIAL PRESCRIPTIONS. YOUR CHILD WILL NEED 3 DAYS OF MEDICATION
- DELIVER MEDICATION TO THE CAMP NURSE UPON ARRIVAL
- IF YOU HAVE QUESTIONS OR CONCERNS, PLEASE CALL \*\*\*\*\*, CAMP DIRECTOR AT 307.782.3136, EXTENSION 4206.



## A LITTLE BIT ABOUT UINTA COUNTY YOUTH CAMP

UINTA COUNTY YOUTH CAMP EVOLVED OUT OF THE NEED FOR 4-H GROUPS TO HAVE A LOCATION TO HOST THEIR EVENTS. THE CAMP BEGAN AS A RUSTIC CAMP FACILITY AND HAS EVOLVED TO TODAY INCLUDE SEVERAL CABINS AND SEVERAL OTHER BUILDINGS INCLUDING A CENTRAL LODGE. SHOWERS AND RESTROOMS ARE CURRENTLY AVAILABLE.

THE YOUTH CAMP FACILITIES INCLUDE SLEEPING CABINS, A CENTRAL LODGE AND COOKING FACILITIES, SHOWERS AND RESTROOMS, HIKING TRAILS, A FISHING POND, CAMPFIRE RINGS, AN ARCHERY RANGE, AND MUCH MORE.

CAMP CARPE DIEM IS EXCITED TO HAVE THE USE OF THE UINTA COUNTY YOUTH CAMP AND LOOK FORWARD TO WORKING WITH THE UINTA COUNTY COMMISSIONERS ON THIS VERY EXCITING EVENT.



## OPENING DAY

- CAMPERS SHOULD ARRIVE AT UINTA COUNTY YOUTH CAMP ON JUNE 26, 2014, BETWEEN NOON AND 1:00 PM. SACK LUNCHES WILL BE AVAILABLE
- CHECK-IN WILL BE HELD AT THE MAIN LODGE AND CAMPERS WILL BE DIRECTED TO THEIR CABIN.



## CAMPER RULES

- CAMPERS SHOULD TREAT THEMSELVES, OTHER CAMPERS, AND THE CAMP STAFF WITH RESPECT. CAMPERS WHO EMOTIONALLY, VERBALLY OR PHYSICALLY ABUSE THEMSELVES OR OTHERS WILL BE SENT HOME FROM CAMP. ABUSIVE BEHAVIORS INCLUDING, BUT NOT LIMITED TO, RUNNING AWAY, HITTING, BITING, SPITTING, SLAPPING OR THREATENING.
- CAMPERS ARE EXPECTED TO STAY THE ENTIRE DURATION OF THE CAMP EXPERIENCE. THE CAMP NURSE WILL ATTEND TO **MINOR** ILLNESSES AND INJURIES, BUT IN EMERGENCY SITUATIONS, PARENTS WILL BE CONTACTED.
- CAMPERS ARE NOT ALLOWED TO BRING CELL PHONES, IPODS, RADIOS, FIREWORKS, JEWELRY, GUM, CANDY, FOOD, DRINKS, MONEY, KNIVES OR GUNS. WE ALSO ENCOURAGE CAMPERS NOT TO BRING ANYTHING OF MONETARY OR SENTIMENTAL VALUE.
- CAMPERS DO NOT HAVE ACCESS TO TELEPHONES DURING CAMP CARPE DIEM. PHONE CONTACT WILL BE MADE THROUGH THE STAFF IF NECESSARY.
- FOR SAFETY PURPOSES, ALL MEDICATIONS AND VITAMINS MUST BE GIVEN TO THE CAMP NURSE AND IN ORIGINAL CONTAINERS- THIS INCLUDES BOTH PRESCRIPTION AND OVER THE COUNTER DRUGS.
- CAMPERS MUST ALWAYS HAVE A RIDDY



## MEDICAL CARE

CAMP CARPE DIEM WILL HAVE ON STAFF A REGISTERED NURSE DURING THE ENTIRE SESSION. THE LOCAL AMBULANCE FACILITY HAS BEEN NOTIFIED OF THIS EVENT AND WILL BE AVAILABLE TO ASSIST WITH ANY EMERGENCY, THE UINTA COUNTY SHERIFF'S DEPARTMENT IS ALSO AWARE OF THE EVENT AND WILL BE ASSISTING AND PROVIDE SUPPORT AS NEEDED.

## CAMP OPEN HOUSE

OPEN HOUSE IS AN IMPORTANT PART OF ANY CAMPING EXPERIENCE AND PROVIDES THE CAMPERS WITH THE OPPORTUNITY TO SHARE WITH THEIR FAMILIES THE MANY ACTIVITIES AND EVENTS THEY PARTICIPATED IN.

IT IS ALSO AN OPPORTUNITY TO MEET THE PARENTS OF OTHER CAMPERS AND BEGIN TO DEVELOP POSITIVE RELATIONSHIPS WITH OTHERS WHO HAVE COMMON CONCERNS AND MEDICAL NEEDS.

COME AND MEET THE STAFF, FELLOW CAMPERS, AND PARENTS IN A FUN CLOSING MORNING. MORE DETAIL WILL BE SENT UPON RECEIPT OF REGISTRATION FORMS,



## Checking on Your Camper



CAMP CARPE DIEM WELCOMES CALLS FOR INFORMATION OR CONCERNS ABOUT YOUR CAMPER. PLEASE LEAVE A MESSAGE AT 307.782.6338 EXT. 6228 AND A STAFF PERSON WILL RETURN YOUR CALL AT HIS OR HER EARLIEST CONVENIENCE.

**WE WILL CALL YOU IF THERE IS A CAUSE FOR CONCERN.**

CAMPERS DO NOT HAVE ACCESS TO CAMP TELEPHONES DURING THEIR STAY AT CAMP. WE ARE AWARE THAT FOR SOME CAMPERS THIS IS THE FIRST TIME TO BE AWAY FROM HOME FOR AN EXTENDED TIME AND OUR STAFF IS TRAINED IN WAYS TO HELP CAMPERS COPE WITH MISSING THEIR FAMILY.